

It's *NOT* SO

COMPLICATED

STRENGTHENING THE MOST IMPORTANT RELATIONSHIPS IN YOUR LIFE

























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Philippians 4:19

And my God will meet all your needs according to the riches of his glory in Christ Jesus.

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Genesis 3:21

The Lord God made garments of skin for Adam and his wife and clothed them.

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Philippians 4:18

I have received full payment and have more than enough. I am amply supplied, now that I have received from Epaphroditus the gifts you sent. They are a fragrant offering, an acceptable sacrifice, pleasing to God.

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Romans 15:7

Accept one another, then, just as Christ accepted you,
in order to bring praise to God.

Top 10 Relational Needs for marriages

Acceptance – Loving one another willingly and unconditionally; not rejecting or withdrawing because of imperfect behaviors; accepting each others differences without trying to change or control the other. *Romans 15:7* *Accept one another, then, just as Christ accepted you, in order to bring praise to God.*

Affection - Expressing care and closeness through physical touch, loving and caring words and gestures, and warm facial expression. Mark 10:16

Appreciation –Expressing gratefulness, praise or commendation, for specific actions or efforts. Not being critical or taking the other for granted; *1 Cor.1:4* *I always **thank** my God for you because of his grace given you in Christ Jesus.*

Approval (Blessing) - Building up or affirming another, particularly for who they are (as opposed to what they do) affirming their character and the importance of your relationship together. *Ephesians 4:29, Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.*

Attention – Showing interest, concern and care; entering into the other’s world; listening to learn about the others needs, hopes etc. *Luke 10:34 He (the Samaritan) went to him and bandaged his wounds, pouring on oil and wine. Then he put the man on his own donkey, brought him to an inn and took **care** of him.*

Comfort – Coming alongside and responding to a hurting or grieving person with compassion, care; and appropriate physical touch; expressing feelings and empathy not logic; or attempting to fix the other. *Romans 12:15 Rejoice with those who rejoice; mourn with those who mourn.*

Encouragement - Urging the other to persist and persevere towards their goals; helping them discover their gifts; validating their abilities. *Hebrews 10:24 And let us consider how we may spur one another on toward love and good deeds, not giving up meeting together, as some are in the habit of doing, but encouraging one another*

Respect - Valuing one another highly; communicating the worth of the other; respecting the others ideas, opinions, property and feelings. Not demeaning or putting down the other. *Romans 12:10, Be devoted to one another in love. Honor one another above yourselves.*

Security (Peace/Harmony) - Establishing and maintaining harmony and safety in our relationship by providing freedom from fear, or threat of harm; learning to resolve conflict and to cultivate trust with kindness and gentleness. *Romans 12: 18 If it is possible, as far as it depends on you, live at peace with everyone. James 1:19-20 Everyone should be quick to listen, slow to speak and slow to become angry, ²⁰ because human anger does not produce the righteousness that God desires.*

Support - Coming alongside the other with kindness and appropriate help with a problem or struggle; getting under the burden to help carry the load. *Galatians 6:2 Carry each other's burdens, and in this way you will fulfill the law of Christ.*

Intimate Life Ministries
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Here is the link to the online Relational Needs tool. It will only take a few minutes to fill out and you will know your top needs! *(If you download it and fill it out on a computer it will automatically do the calculations for you. You can then save your results for reference later as these can change depending on the season of your life and your life experiences.)*

<https://storage.snappages.site/dkyym24ydo/assets/files/GCN-Relational-Needs-Assessment-Auto-Sco-2.pdf>