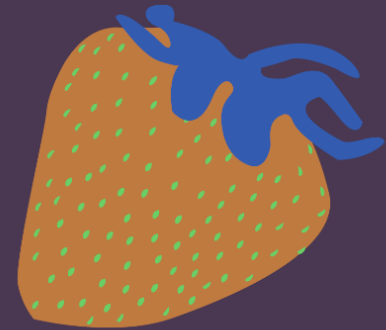
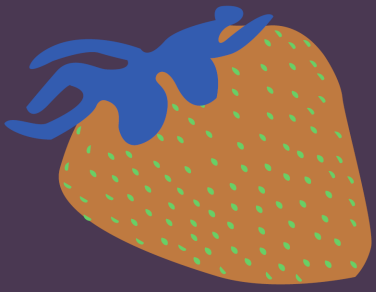


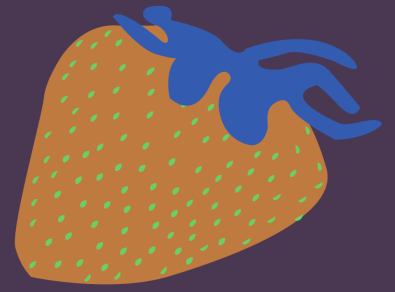
# Be Tasty

Galatians 5:22-23



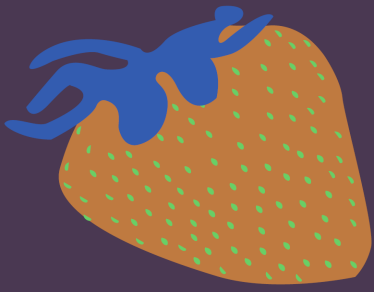


# Be Tasty

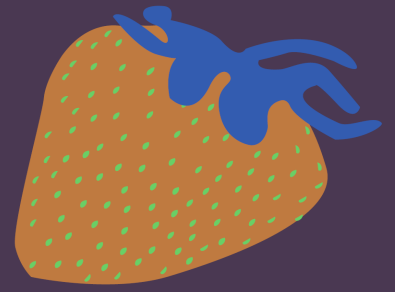


## Galatians 5:1

It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery.



# Be Tasty

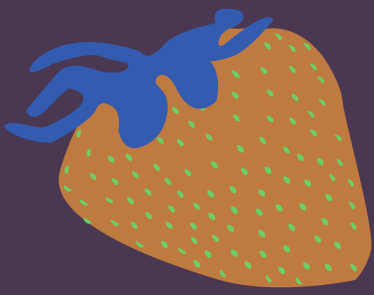


## Galatians 5:1

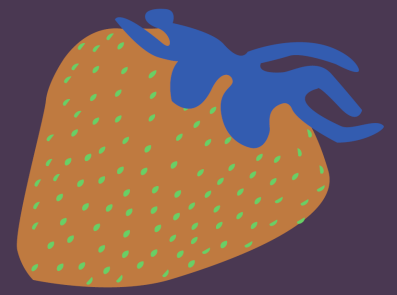
It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery.

## Galatians 5:25

Since we live by the Spirit, let us keep in step with the Spirit. So walk by the Spirit



# Be Tasty



## Galatians 5:1

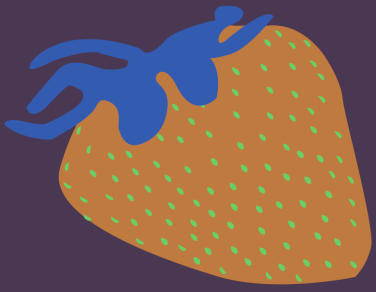
It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery.

## Galatians 5:25

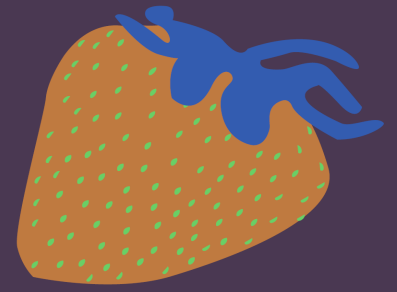
Since we live by the Spirit, let us keep in step with the Spirit. So walk by the Spirit

## Galatians 5:22-23

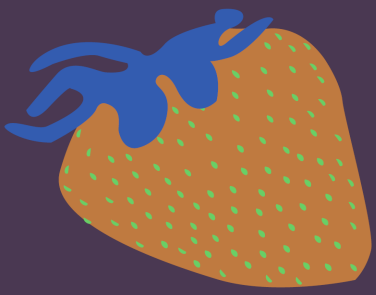
But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, <sup>23</sup> gentleness and self-control.



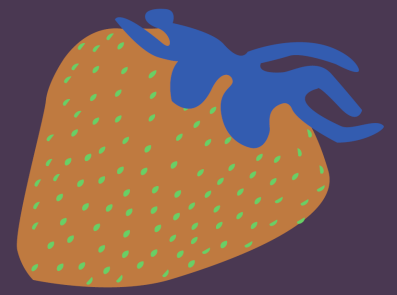
Be  
Tasty



Self-Control is about YOU.

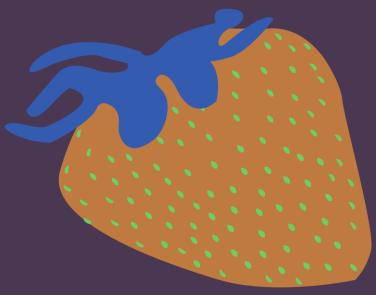


# Be Tasty

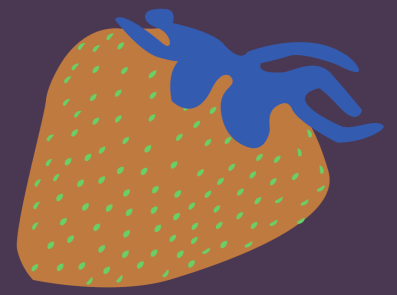


## 1 Corinthians 10:13

No temptation has overtaken you except what is common to mankind. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can endure it.



# Be Tasty



## Genesis 37:1-7

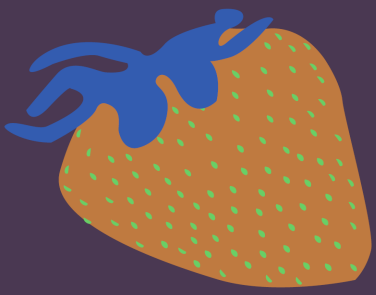
Jacob lived in the land where his father had stayed, the land of Canaan.

<sup>2</sup> This is the account of Jacob's family line.

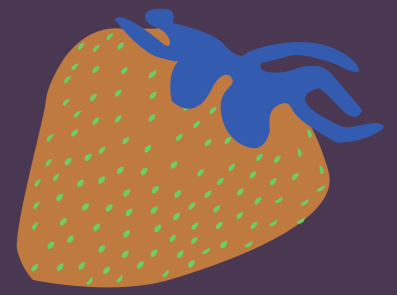
Joseph, a young man of seventeen, was tending the flocks with his brothers, the sons of Bilhah and the sons of Zilpah, his father's wives, and he brought their father a bad report about them.

<sup>3</sup> Now Israel loved Joseph more than any of his other sons, because he had been born to him in his old age; and he made an ornate robe for him. <sup>4</sup>

When his brothers saw that their father loved him more than any of them, they hated him and could not speak a kind word to him.



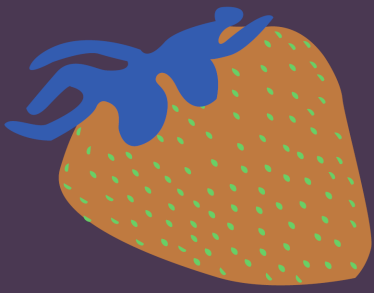
# Be Tasty



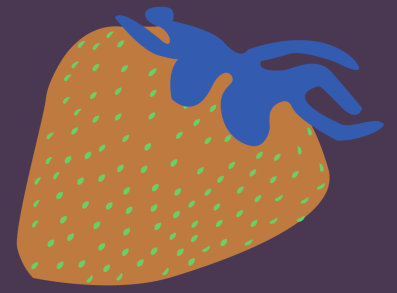
## Genesis 37:1-7 (continued)

<sup>5</sup> Joseph had a dream, and when he told it to his brothers, they hated him all the more. <sup>6</sup> He said to them, “Listen to this dream I had: <sup>7</sup> We were binding sheaves of grain out in the field when suddenly my sheaf rose and stood upright, while your sheaves gathered around mine and bowed down to it.”



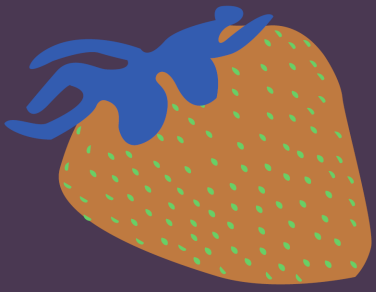


# Be Tasty

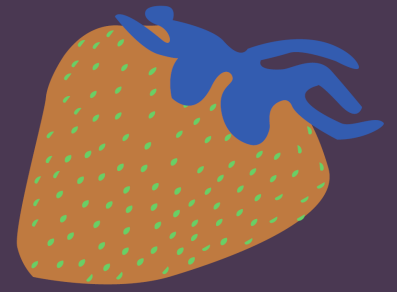


Self-Control is about YOU.

Self-Control is about KNOWING WHEN TO STOP (AND START).

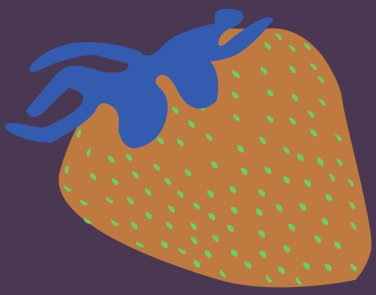


Be  
Tasty

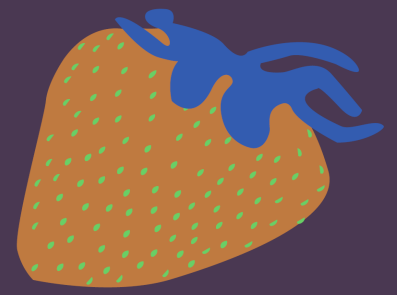


VIDEO From Youtube

**Downhill Bicycle Brake FAIL**

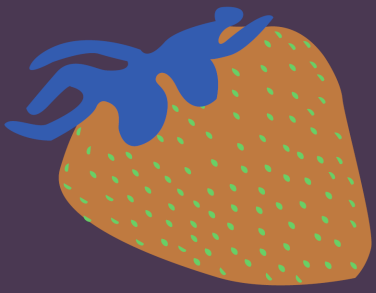


# Be Tasty

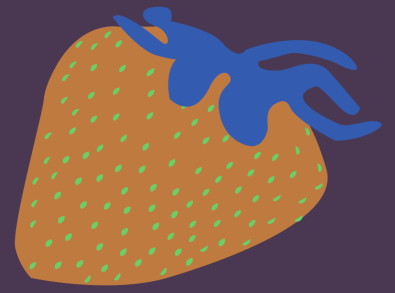


## Genesis 43:29-31

As he looked about and saw his brother Benjamin, his own mother's son, he asked, "Is this your youngest brother, the one you told me about?" And he said, "God be gracious to you, my son." 30 Deeply moved at the sight of his brother, Joseph hurried out and looked for a place to weep. He went into his private room and wept there. 31 After he had washed his face, he came out and, controlling himself, said, "Serve the food."

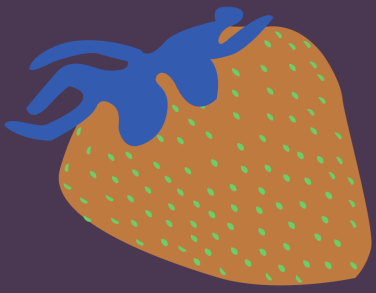


# Be Tasty

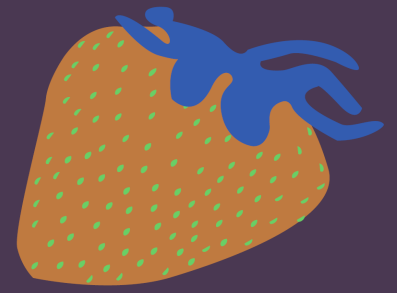


## Genesis 43:34

<sup>34</sup> When portions were served to them from Joseph's table, Benjamin's portion was five times as much as anyone else's. So they feasted and drank freely with him.



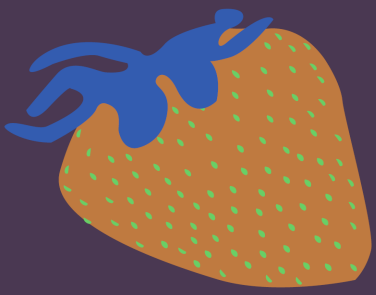
# Be Tasty



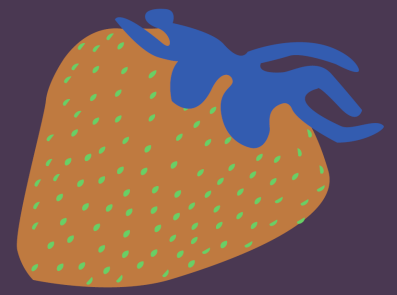
Self-Control is about YOU.

Self-Control is about KNOWING WHEN TO STOP (AND START).

Self Control is about DYING.

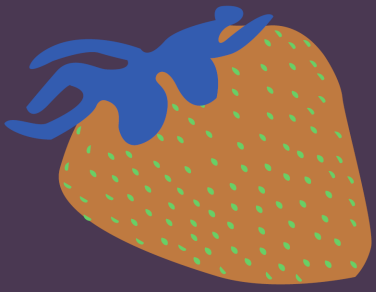


# Be Tasty

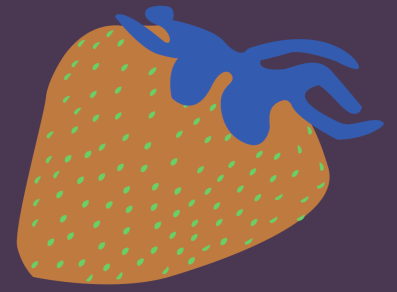


## 2 Timothy 1:7-8

For the Spirit God gave us does not make us timid, but gives us power, love and self-discipline. 8 So do not be ashamed of the testimony about our Lord or of me his prisoner. Rather, join with me in suffering for the gospel, by the power of God.



# Be Tasty



## Galatians 5:24

Those who belong to Christ Jesus have crucified the flesh with its passions and desires.