

*It's NOT SO*

COMPLICATED

STRENGTHENING THE MOST IMPORTANT RELATIONSHIPS IN YOUR LIFE



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## **John 13:34-35**

<sup>34</sup> A new commandment I give to you, that you **love one another**, even as I have **loved** you, that you also **love one another**. <sup>35</sup> By this everyone will know that you are My disciples, if you have **love** for **one another**.”

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## **1 Corinthians 13:1-8**

<sup>1</sup> I may speak in different languages of men or even angels. But if I do not have love, I am only a noisy bell or a crashing cymbal. <sup>2</sup> I may have the gift of prophecy. I may understand all the secret things of God and have all knowledge, and I may have faith so great I can move mountains. But even with all these things, if I do not have love, then I am nothing. <sup>3</sup> I may give away everything I have, and I may even give my body as an offering to be burned. But I gain nothing if I do not have love.

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## **1 Corinthians 13:1-8**

<sup>4</sup> Love is patient and kind. Love is not jealous, it does not brag, and it is not proud. <sup>5</sup> Love is not rude, is not selfish, and does not get upset with others. Love does not count up wrongs that have been done. <sup>6</sup> Love takes no pleasure in evil but rejoices over the truth. <sup>7</sup> Love patiently accepts all things. It always trusts, always hopes, and always endures. <sup>8</sup> Love never ends. NCV

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## **Colossians 3:12-14**

<sup>12</sup> Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience. <sup>13</sup> Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you. <sup>14</sup> And over all these virtues put on love, which binds them all together in perfect unity. NIV

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## **Romans 5:**

**5** the love of God has been poured out within our hearts through the Holy Spirit who was given to us.

**6** For while we were still helpless, at the right time Christ died for the ungodly. **8** But

God demonstrates His own love toward us, in that while we were yet sinners, Christ died for us.

# Top 10 Relational Needs for marriages

**Acceptance** – Loving one another willingly and unconditionally; not rejecting or withdrawing because of imperfect behaviors; accepting each others differences without trying to change or control the other. *Romans 15:7* <sup>7</sup>*Accept one another, then, just as Christ accepted you, in order to bring praise to God.*

**Affection** - Expressing care and closeness through physical touch, loving and caring words and gestures, and warm facial expression. Mark 10:16

**Appreciation** –Expressing gratefulness, praise or commendation, for specific actions or efforts. Not being critical or taking the other for granted; *1 Cor.1:4* *I always **thank** my God for you because of his grace given you in Christ Jesus.*

**Approval** (Blessing) - Building up or affirming another, particularly for who they are (as opposed to what they do) affirming their character and the importance of your relationship together. *Ephesians 4:29, Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.*

**Attention** – Showing interest, concern and care; entering into the other’s world; listening to learn about the others needs, hopes etc. *Luke 10:34 He (the Samaritan) went to him and bandaged his wounds, pouring on oil and wine. Then he put the man on his own donkey, brought him to an inn and took **care** of him.*

**Comfort** – Coming alongside and responding to a hurting or grieving person with compassion, care; and appropriate physical touch; expressing feelings and empathy not logic; or attempting to fix the other. *Romans 12:15 Rejoice with those who rejoice; mourn with those who mourn.*

**Encouragement** - Urging the other to persist and persevere towards their goals; helping them discover their gifts; validating their abilities. *Hebrews 10:24 And let us consider how we may spur one another on toward love and good deeds, not giving up meeting together, as some are in the habit of doing, but encouraging one another*

**Respect** - Valuing one another highly; communicating the worth of the other; respecting the others ideas, opinions, property and feelings. Not demeaning or putting down the other. *Romans 12:10, Be devoted to one another in love. Honor one another above yourselves.*

**Security** (Peace/Harmony) - Establishing and maintaining harmony and safety in our relationship by providing freedom from fear, or threat of harm; learning to resolve conflict and to cultivate trust with kindness and gentleness. *Romans 12: 18 If it is possible, as far as it depends on you, live at peace with everyone. James 1:19-20 Everyone should be quick to listen, slow to speak and slow to become angry, <sup>20</sup> because human anger does not produce the righteousness that God desires.*

**Support** - Coming alongside the other with kindness and appropriate help with a problem or struggle; getting under the burden to help carry the load. *Galatians 6:2 Carry each other's burdens, and in this way you will fulfill the law of Christ.*

Intimate Life Ministries  
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Here is the link to the online Relational Needs tool. It will only take a few minutes to fill out and you will know your top needs! *(If you download it and fill it out on a computer it will automatically do the calculations for you. You can then save your results for reference later as these can change depending on the season of your life and your life experiences.)*

<https://storage.snappages.site/dkyym24ydo/assets/files/GCN-Relational-Needs-Assessment-Auto-Sco-2.pdf>